

DEFENCE INSTRUCTIONS AND NOTICES	
(Not to be communicated to anyone outside HM Service without authority)	
Title:	Sport Activities designated as Army Individual or Adventurous Training
Audience:	All Army personnel
Applies:	Immediately
Expires:	When rescinded or replaced
Replaces:	N/A
Reference:	2011DIN07-018
Released:	January 2011
Channel:	07 Training and Education
Subject:	Army Individual Training and Adventurous Training Sport Activities
Content:	Designates which sport activities may be conducted as Individual or Adventurous Training within the Army
Sponsor:	Director Training (Army)
Contact:	SO1 PD/SO2 Sport Tel 01264 886994/6995 (94393 6994/6995)
Keywords:	Sport, AT, Skiing, Orienteering, Shooting, Canoeing, Gliding, Mountaineering, Mountain Biking, Sailing, Parachuting, Gliding
Related info:	2010DIN01-209
Classification:	UNCLASSIFIED

SPORT ACTIVITIES DESIGNATED AS ARMY INDIVIDUAL OR ADVENTUROUS TRAINING

Background

1. 2010DIN01-209 "Status of Sports in the Services" sets out the eligibility to Public funding for individual Sports within the Services. At Para 2e it states that "under single Service regulations certain Sports can be conducted as individual, or adventurous training and attract public funding and associated status. Activity designated as 'training' should be authorised by the appropriate single Service Training Authority".
2. The purpose of this DIN is to designate those sports activities that may, under specific circumstances, be conducted in the Army as Individual or Adventurous Training.

Sport Activity that is Individual Training

3. Within the Army the following activities may be conducted as Individual Training and therefore attract Public funding and associated status:

- a. Alpine Skiing. See 2010DIN10-039, Para 2a(1). Only participation in specific Alpine Skiing exercises authorised by HQLF and organised at up to and including Corps and Divisional level.
- b. Nordic Skiing. See 2010DIN10-039, Para 2a(2). Nordic Skiing includes Cross Country Skiing, Biathlon and the Military Patrol Race.
- c. Orienteering. See 2010DIN07-065. Orienteering is a distinct form of navigation training, that contributes to MATT 5 – Land Navigation.
- d. Service Weapon Target Shooting. See 2009DIN07-160. Service Weapon Target Shooting includes Personal, Individual and Support Weapons fired in accordance with the Army Operational Shooting Policy during Unit and Formation Skill at Arms Meetings or Operational Shooting Competitions.

Adventurous Training and Sport Activities

4. In the Army certain 'On Duty' activities may be conducted either as Sport or as Adventurous Training (AT) dependent upon the nature of the training conducted and attract public funding resultant on that categorisation. They may only be conducted as AT when gaining AT qualifications or experience as part of the Joint Service AT Scheme (JSP 419) or when training is authorised and conducted in accordance with AGAI Vol 1 Chap 11 (Adventurous Training).
5. Sport is generally categorized as taking part in or preparing for competition, as authorised at the appropriate level in accordance with AGAI Vol 1 Chap 5 (Sport). AT is specifically not competitive in nature (with the sole exception of Ocean Sailing as below) and is required to be journeying in content and design.
 - a. Alpine and Cross Country Skiing – conducted as Adventurous Training only when gaining AT qualifications or touring experience. Otherwise see 2010DIN10-039.
 - b. Canoeing – conducted as a Recognised Sport where activities are run in accordance with British Canoe Union rules.
 - c. Gliding – conducted as a Recognised Sport where activities are under the direction of the Army Gliding Association.
 - d. Mountaineering (Indoor and Outdoor Disciplines). See 2010DIN10-009. Conducted as a Recognised Sport by members of the Army Mountaineering Association (AMA) at events under the direction of the AMA Executive Committee.
 - e. Mountain Biking – conducted as a Recognised Sport when activities are authorised by the Army Sport Control Board. It can currently be conducted as a Challenge Pursuit (LFSO 1502) and is likely to be authorised from 1 Apr 11 as an AT core activity.
 - f. Offshore Sailing – conducted as a Recognised Sport where activities are governed by the Racing Rules of Sailing (RRS 2009 – 2012). Participation in Ocean Racing events may be authorised as AT expeditions under criteria

determined by the Directorate of Naval Physical Development (DNPD), including: a proportion of the crew are novices; the likely duration of the race is greater than 24 hrs. Journeying to and from competitive events may be conducted under the auspices of AT.

g. Parachuting – conducted as a Recognised Sport where activities are under the direction of the Army Parachuting Association.

h. Paragliding and Hang Gliding – conducted as a Sport where events are under the direction of the Army Hang Gliding and Paragliding Association. Hang Gliding ceases to be a core AT activity from 1 Apr 11.